OsteoThera™ Plus Ipriflavone

What is OsteoThera™ Plus Ipriflavone?
OsteoThera™ Plus Ipriflavone is a vitamin and mineral supplement formulated to support bone health in a more comprehensive and effective manner than taking calcium alone. Easy-to-absorb calcium citrate-malate is combined with other minerals important for bone health, including magnesium and boron. Vitamin D and K are included to further assist calcium utilization and enhance proper bone formation. Ipriflavone, an isoflavone-derived compound, provides additional benefits for bone density.

Why is ipriflavone added to this bone support supplement?
Ipriflavone is a synthetic derivative of naturally-occurring isoflavones found in soy. Documented studies demonstrate how this flavonoid-like compound promotes new bone formation while inhibiting bone resorption, producing a positive effect on bone density. Ipriflavone has been successfully used for many years in Europe by post-menopausal women for its enhancing effects on bone density. OsteoThera™ Plus Ipriflavone provides 300 mg of ipriflavone with each serving, offering the beneficial quantity that corresponds with amounts used in clinical studies.

Why is calcium citrate-malate used as the form of calcium in OsteoThera™ Plus Ipriflavone?
By attaching calcium to citric and malic acids, a very soluble calcium compound is formed that is significantly more absorbable compared to other forms of calcium. About 40% more calcium is absorbed from calcium citrate-malate compared to calcium carbonate or milk. Calcium citrate-malate is also very safe and well-tolerated. It does not produce intestinal discomfort, constipation, or gas like some forms of calcium.

How do the other minerals and vitamins in OsteoThera™ Plus Ipriflavone support bone health?
Proper calcium utilization is crucial to reduce the risk of osteoporosis, a progressive bone disease influenced by age, sex, race, exercise, and many other dietary and lifestyle factors. Magnesium and boron are also necessary for healthy bones. Magnesium supports bone strength and remodeling, while boron promotes calcium and magnesium balance. Vitamin D is essential for calcium absorption and bone mineral density. Vitamin K activates proteins used in bone metabolism. The combined actions of these nutrients create a more comprehensive approach to maintaining bone health.

Why are three forms of vitamin K included?
Several different forms of vitamin K exist, with the primary dietary form being vitamin K₁, or phylloquinone, found primarily in green vegetables. Another form of vitamin K known as vitamin K₂, or menaquinone, is found in animal products such as meat or eggs, as well as in foods such as cheese and natto, a fermented soy product. While most of the benefits of vitamin K were previously attributed to vitamin K₁, recent research has identified important benefits for vitamin K₂. For optimal bone health, this product provides vitamin K₁ and vitamin K₂ as menaquinone-4 (MK-4) and menaquinone-7 (MK-7).

Who should take OsteoThera™ Plus Ipriflavone?
OsteoThera™ Plus Ipriflavone is intended for individuals wishing to supplement their dietary intake with highly bioavailable forms of essential minerals, synergistic nutrients, and ipriflavone to promote bone health. It may help teenagers and young adult women optimize peak bone mass and reduce the risk of osteoporosis later in life. It may also help slow the rate of bone loss in menopausal women, elderly men and women, and those with a family history of osteoporosis.
How much OsteoThera™ Plus Ipriflavone should I take?
Two tablets twice daily with food are recommended. This will supply 500 mg of calcium and 200 mg of magnesium, or 50% of the RDA for each of these minerals. These amounts are intended to complement the calcium and magnesium content in food and to be compatible with the calcium and magnesium supplied by multivitamin/mineral supplements such as MultiThera®. When combined with the average amounts of calcium and magnesium in the diet, two tablets of OsteoThera™ Plus Ipriflavone taken twice daily with MultiThera® raises calcium and magnesium in a balanced manner to bring total amounts to recommended levels.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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